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Useful Articles

Wexell Milman and *Divorce Magazine* are pleased to provide our monthly eNewsletter. We hope this information is helpful and supportive.

Mothers and Divorce

[Mother's Day After Divorce: Should I Include my Ex's Mother?](#)

Consider the following advice before deciding whether or not to include your children's grandmother in celebrations.



Divorce Recovery

[6 Tips To Help You Move Past Your Divorce!](#)

Having a hard time moving past your divorce? You're not alone. These tips should help you move on - and maybe even find love again.



Health and Well-Being

[Crafting Can Lead to Post-Divorce Happiness](#)

Learning a new craft can give you a sense of achievement - and crafting releases chemicals in the brain to help you to feel happy again.



Financial Issues

[What Should You Do with Your Wedding Rings on Divorce?](#)

Save them for your kids, transform them into other pieces of jewelry, or sell them - which is the smartest way to dispose of your wedding rings?



Relationships and Dating

[6 Steps to Express What Really Matters to You](#)

When each partner can express and respond to each other's wants and needs, intimacy can grow and deepen.



We earn the trust our clients place in us by working hard to resolve their legal matters as promptly and as cost-effectively as possible. To arrange for an initial consultation with one of our trusted family law attorneys, contact Wexell Milman directly at **703-385-3858**.

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